

# Lent Reflection 2

March 5, 2023 – 2<sup>nd</sup> Sunday of Lent

Readings: <https://bible.usccb.org/bible/readings/030523.cfm>

Genesis 12:1-4a; Psalm 33:4-5, 18-19, 20, 22; 2 Timothy 1:8b-10; Matthew 17:1-9

## Take a Leap of Faith

... from the cloud came a voice that said, “This is my beloved Son, with whom I am well pleased; listen to him.”

This Sunday’s gospel tells the story of a vision, a vision seen by Peter, James, and John his brother. They receive a vision of Jesus transfigured in such a way that they **know** he is the beloved Son of God. And so, they want to do what many of us want to do when we have an experience that reveals to us a transcendent reality.

We may have been struck by the awesome beauty of a sunrise, revealing to us the magnitude of the beauty of God’s creation. We may have been overwhelmed by love with a newborn child or through the power of marital love that binds two people together in a sacramental way that reveals God to us in a new light, that reveals ourselves to one another in God’s light. We may find ourselves in a moment of revelation through the power of the Holy Eucharist. In times such as these, we too want to “build a tent” and stay there. We want to continue to gaze at the sunrise, we want to stay and cuddle with that newborn, to stay rapt in love with our beloved, to gaze in adoration before the Blessed Sacrament.

Soak in every bit of those moments; be infused with that new reality and that love ... let it transform you! Jesus leads the apostles back down the mountain to live life in this new light and Jesus will lead you back down the mountain too and out into the world, but he will lead you back transformed, armed with a deeper faith and more love and strength to share with the world.

Can you identify a time in your life when you were led into a transformative experience? Sometimes these moments of transformation can seem to be mundane everyday experiences. We might be annoyed with that glorious sunrise because it’s in our eyes while we’re commuting. We take for granted the love of our children and our spouses as we rush through our days. We don’t set aside the time to celebrate the Eucharist every week. Consider this Lent to be one of those transformative moments. You have been called to take a leap of faith, to walk out into these forty days and trust that you will be transformed.

Place yourself in God’s hands and walk with his Son in the light of the Holy Spirit through these days. Look closely at all the things Jesus will show you. Pray always, take your mind off yourself, and be more generous with the gifts you receive.

Pray. Fast. Give alms. Watch what happens.